**The Haden Institute Dream Work Training Course**

### Reading Reflections

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The book reflections serve several purposes for you to consider as you write your papers. Each reflection will:

* Engage your mentor in dialogue about your work and your progress in the course – especially identifying where your energy is drawn, and where resistance is felt.
* Provide a summary of the book which you can use for future reference, reminding you of both content and personal opinions about the subjects covered.
* Identify your own likes, dislikes, discoveries, curiosities, and excitements.
* Distill your intentions around using the material in your own journey and in the journeys you share with others.

Use the following reading reflection form for submitting each reading assignment. The reflections should be only one page in length – around 350 to 450 words.

For ease of tracking the assignments submitted please use DR [one space] your *last* name [one space] *Item #* [two digits] as the name of the document file and as the subject line of your transmittal email.

See the Course Work Checklist for item due dates

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**Reading Reflection Form**

### Book Title\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Your Name\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

### Author\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

### Item # \_\_\_\_\_\_\_\_\_\_

***Summary: What key ideas and concepts were of special interest to you?***

***Where was your energy the highest? What excited you? What resistance did you experience? How did these call you to deeper thought?***

***How might you use this information in your own personal individuation journey and in your dream work with others?***